Research Overview and Disclosures for LiveLifeResources

Overview

LiveLifeResources utilizes a multidisciplinary approach to research, many of our studies occur in collaboration with partner institutions. Our research aims to advance understanding in the realms of resilience and other life-enhancing traits and characteristics of individuals, families, and communities.

Research through LLR can be understood as a partnership between researchers and participants. For your safety and well-being each research study that uses human participants must follow specific approved protocol for ethical facilitation. Most of our studies occur either as singular case study components or within an educational/classroom setting – including online campus and classrooms. Research not falling within these parameters is approved and monitored by an Institutional Review Board (IRB).

Non-Medical Research

All of the studies conducted through LiveLifeResources are non-medical.

"Non-medical research" studies do not involve any medical testing or invasive procedures. The goal of conducting non-medical research studies is to learn more about society in some specific way and attempt to address fundamental questions of psychology through an experimental lens.

Non-medical researchers want to learn more about individual or group behaviors. For example; non-medical researchers may conduct studies in an attempt to discover ways to enrich curriculum for more embodied learning experiences.

Non-medical researchers might also be called "social researchers," "behavioral researchers," and/or "education researchers."

Here are some examples of non-medical research studies through LLR:

- Testing new ideas and methods of curriculum delivery to develop more successful learning strategies for adult learners.
- Developing ways to improve the health and well-being for individuals living within industrialized urban settings. (i.e. social participation, establishing meaning, improving resilience)
- Investigating effective strategies to mitigate and prevent individual and societal violence.
- Observing whether small group participation in Ancestral Dietary Investigation can improve outcomes for dietary health and weight management.
- Improving health and resilience through expanded ways of knowing and learning.
- Studying cohesive and vital intersections between humans and nature.

Is there risk involved in participating in a non-medical study?

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In general, the most common risk posed by most non-medical research studies involves the confidentiality of the information collected about you. LiveLifeResources researchers do everything possible to protect the privacy of any information shared with them.

Additionally, it is important to understand that while researchers can attempt to anticipate every potential issue or risk that may arise, ambiguity is part of the very nature of Psychological exploration. To this end it becomes a critical part of your responsibility as a participant to communicate with researchers if participating presents a physical, mental, or emotional challenge or discomfort.

The non-medical studies conducted by LiveLifeResources focus on life-enhancing aspects of the human condition. As such our studies are typically centered around exploring topics such as Self Directed Learning, Personal Agency, Making Meaning, Facilitating Personal Growth and Development, Cultivating Connectedness and Embodied Ways of Knowing…all qualities that contribute to thriving and resilience for humans and the rest of the planet.

Rights and Responsibilities

Every care will be taken to ensure that our research partnership is one of integrity, rapport, and ethical congruence. This includes informing you of your rights as a general participant. These rights apply to all research participants enrolled in both medical research and non-medical research.

- Your Rights as a Research Participant with LiveLifeResources:
- You have a right to be told that you are being asked to participate in research.
- You have a right to be told the purpose of the research.
- You have a right to be told what will happen during the study, what you are being asked to do, and how long it will last.
- You have a right to understand what part of the research is experimental.
- You have a right to be told about all of the possible risks, side effects and discomforts that you might expect if you decide to participate.
- You have a right to know about other options available if you decide not to participate.
- You have a right to understand how your personal information will be kept private.
- You have the right to withdraw from the study or refuse to participate at any time without penalty or loss of benefits
- You have the right to an informed consent discussion. This means the researcher should explain the whole study to you, and then without any pressure, allow you time to make the right choice for yourself.
- You have a right to receive a copy of your consent form, and information about who to contact if you should have any questions.

If you feel your rights have been violated, please contact research@liveliferesources.com or 866-994-7539

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Additionally, you and the researchers have responsibilities to protect the integrity of research by being truthful and maintaining open lines of communication.

Your responsibilities as a research participant include:

- Respect investigators, research staff and other participants.
- Read the consent form and other documents. Ask questions if you do not
- understand something about the study, or your rights and responsibilities as a
- research participant or need more information.
- Carefully weigh the risks and benefits when deciding whether to participate in the
- study.
- Refrain from signing the consent document until you believe that you fully understand
- The parameters and feel comfortable with your decision to participate.
- Follow directions for participation identified in the consent form and research parameters.
- Know when the study begins and ends. This is particularly important for an
- intervention trial that has a follow-up period after the intervention is completed.
- Participate with scheduled activities on time, and inform the researchers within a
- reasonable time if they need to reschedule an appointment.
- Provide truthful answers to questions asked during screening/enrolment and during
- the study.
- Inform researchers if other medical care is needed while on the study.
- Inform the researchers if there are questions you would rather not answer.
- Report immediately any problems or symptoms you may experience as a result of participation during the study.
- Keep information about the study confidential, if asked to do so.
- Keep researchers informed when contact information (eg, phone number, address)
- changes.
- If you decide to withdraw from the study, inform your researchers and follow the
- procedures for withdrawal.

For more information or clarification, please review specific study consent forms and/or contact research@liveliferesources.com